

HERE



MINDFUL
ACTIVITY

WONDER MAP: WISTERIA

Walk through your neighbourhood or local park on an adventure to find wisteria and other climbing plants. You might spot them over doorways, climbing up walls, and winding through garden gates. Draw and colour a simple map about your wondrous adventure and what you saw.

Your map will show how nature connects our homes and gardens, creating a web of beauty.

In spring, wisteria blooms fill our neighbourhoods with cascading purple flowers. Even in winter, the vines are there, resting and waiting.