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TREE TRUNK TALES: MY RINGS OF LIFE

Did you know that each ring in a tree trunk tells a story about the tree's life—wet and dry years, sunny times, and storms. Just like a tree, you grow and change through different experiences too.

On this page, colour the tree trunk and its rings to represent moments in your life. What colours would you choose for joyful times? What about challenging times? You can even draw and colour important people, places and things you love. Write a little about what makes your rings special, just like the unique and wonderful person you are!



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