

Seasonal Summer Changes

HERE

a summertime observation activity



Summer is a wonderful time to slow down and notice the world in full bloom around you. Talk together about what you have been seeing, hearing and smelling. Can you feel the warmth of the sun on your skin? Do you hear insects buzzing or children playing outside? Can you smell the fresh cut grass or spot the flowers in bloom? Tune into the season together and see what you notice.

Optional Discussion:
What is your favourite thing about summer? What have you noticed that feels different from spring?

