



Use the space below to share a message of gratitude. Think of someone or something you're thankful for... It could be a person, a special moment, a small joy in your day, or something that made a big impact in your life. As a group project, feel free to cut out your artwork and add it to a wall of positivity and good vibes with the artwork of others too. Your Gratitude Graffiti might just inspire someone else to reflect on what they're grateful for too!

BENEFITS: Gratitude helps us notice the good things, even on tough days. It can boost your mood and remind you that you're not alone.

A large, empty rectangular area with a white background, framed by a brown brick border. This space is intended for users to write their messages of gratitude.

HERE