



# BUILD A FOREST CREATURE FORT



Build whimsical homes in the garden or park using fallen leaves and other nature elements on the ground like twigs, moss, and nuts. You can create a small or a big fort! In the space below or in your journal, write a story about the fort you built and the creatures that live there... You can draw and colour your creation too.

**BENEFITS:** This activity nurtures imagination, emotional expression, and a sense of connection to nature. By combining hands-on creativity with storytelling, children build focus, reduce stress, and explore empathy in a playful, calming way.

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